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**University of Missouri – Kansas City  
2018-2019 Biennial Alcohol/Drug Review**

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June 19, 2019  
UMKC COUNSELING SERVICES

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**Partners in Prevention Quarterly Report Process  
Fiscal Year 2018-2019**

**Introduction/Overview**

The Amendments of the Drug-Free Schools and Communities Act of 1989 was established, requiring higher education institutions to develop and implement drug and alcohol prevention programs on campuses. Pursuant to the Drug-Free Schools and Communities Act Amendments of 1989, the University of Missouri is required to establish a drug and alcohol prevention program for University of Missouri system students and employees.

In accordance with the drug and alcohol prevention programs, standards of conduct and written policies were put into place for all University of Missouri-Kansas City faculty, staff, and students. A biennial review of the drug and alcohol prevention program is required and conducted to determine the effectiveness, implement program changes if needed, and ensure that the University's disciplinary sanction described below are consistently enforced. The following are components of the policies and resources available at UMKC.

In compliance with federal legislation, the University of Missouri-Kansas City Student Health and Wellness in collaboration with UMKC Counseling Services and Campus Coalition for Student Health, Safety, and Wellness has prepared this biennial review. Print copies of the Biennial Review are available by request as well as online at <https://info.umkc.edu/saem/wp-content/uploads/2019/09/UMKC-2018-2019-Biennial-AlcoholDrug-Review.pdf>.

**AOD Comprehensive Program Goals and Objectives for Biennium Period Being Reviewed-  
2018-2019**

The University of Missouri-Kansas City developed a comprehensive, evidence-based approach in addressing high-risk alcohol use, tobacco, and other drug. Our program development is data driven, specifically the Missouri Assessment of College Health Behavior. The University of Missouri-Kansas City drug and alcohol prevention strategic plan is developed, implemented, and evaluated by the Campus Coalition for Student Health, Safety, and Wellness. Additional campus departments not involved in the coalition are also referenced in the strategic plan.

The University of Missouri-Kansas City Strategic Plan for Alcohol, Drugs, and Wellness Promotion consist of twelve goals with six goals directly addressing high-risk alcohol use, tobacco, and other drugs. The strategic plan goals are identified from data received from the University of Missouri-Kansas City's implementation of the Missouri Assessment of College Health Behavior.

## University of Missouri-Kansas City high-risk alcohol use, tobacco, and other drug goals for 2018-2019:

**Goal 1: To develop, strengthen, and sustain new and current bystander intervention resources and programs for responding to problems, concerns, and identified behaviors by the end of the 2018-2019 academic year.**

- Objective A: Develop a clear understanding and consistent message regarding the purpose and benefit of Ask-Listen-Refer, Green Dot, RESPOND, and other bystander intervention programs.
  - Focus of discussion within the coalition suggests greater understanding and consistent messaging about these resources among staff/faculty
  - **Unable to determine due to lack of objective data**
  
- Objective B: Increase understanding of UMKC substance use policies and resources students can access if they have substance use concerns.
  - “Do you believe that alcohol policies at [UMKC] are consistently enforced?”
    - 2018: 44% Yes
    - 2019: 51% Yes
  - “Does your campus have a drug and alcohol prevention program?”
    - 2018: 49% Yes
    - 2019: 47% Yes
  - **Objective partially met**
  
- Objective C: Increase information sessions, and subsequently, bystander intervention trainings (ALR, Green Dot, RESPOND) by 10% from the 2017-2018 academic year.
  - **Objective C: Not met**
  - This is likely due to staff changeover during the school year.
  
- Objective D: Increase number of students who have reported having heard of ALR (from 30.3% in 2018 to 40% in 2019) and Green Dot (from 30.6% in 2018 to 40% in 2019)
  - ALR 2018: 30.3% Yes
  - ALR 2019: 27.7%
  - Green Dot 2018: 30.6% Yes
  - Green Dot 2019: 15.1% Yes
  - **Objective D: Not Met**
    - This results is likely related to the aforementioned staff changeover during the school year

**Goal 2: Reduce identified high-risk substance use behaviors, and subsequently, consequences among UMKC Students.**

- Targeted interventions for the following substances/behaviors
  - Psychostimulants/Rx Meds use
    - Develop educational presentation about the recreational use of prescription drugs
      - **Objective met**
    - Present to at least 100 students by end of Spring 2019

- **Approximately 75 students were presented information about substance use, including recreational use of prescription medication**
  - Decrease negative alcohol behaviors
    - Binge drinking from 19% in 2018 to 16% in 2019
      - **Objective met**
        - 2019: 15%
    - Drinking and Driving from 20% in 2018 to 15% in 2019
      - **Objective not met**
        - 2019: 17%
  - Decrease the number of individuals that use cannabis two or more times a week from 11.1% in 2018 to 8% in 2019
    - **Objective Met**
      - 2019: 7.2%

### **Biennial Review Process**

In compliance with the Drug-Free Schools and Communities Act Amendments of 1989, UMKC Student Health and Wellness and UMKC Counseling Services partners with the Campus Coalition for Student Health, Safety, and Wellness for the biennial review. The Campus Coalition for Student Health, Safety, and Wellness includes representation from Student Health and Wellness, Counseling Services, Athletics, numerous departments within Office of Student Involvement, Women's Center, Residential Life, University of Missouri-Kansas City Police Department, School of Pharmacy, School of Nursing, School of Medicine, Office of Services for Students with Disabilities, and International Student Affairs. The Campus Coalition for Student Health, Safety, and Wellness has student representative members intermittently throughout the year.

As members of Missouri Partners in Prevention, the University of Missouri-Kansas City implements the Missouri Assessment of College Health Behavior each year in the month of February. The Missouri Assessment of College Health Behavior is administered online to a random sample of undergraduate students. Missouri Partners in Prevention compiles and analyzes the data which we receive in June. The Campus Coalition for Student Health, Safety, and Wellness subsequently reviews the data to identify and evaluate campus needs and successes and identify strategies for improvement. This data from the Missouri Assessment of College Health Behavior is used in the development of the Campus Coalition for Student Health, Safety, and Wellness strategic plan for the upcoming academic year. In compliance with the Drug-Free Schools and Communities Act and Missouri Partners in Prevention, the strategic plan is submitted to Missouri Partners in Prevention by September 1<sup>st</sup> of each year.

### **Annual Policy Notification Process**

All University of Missouri-Kansas City students receive the policies regarding conduct, alcohol, tobacco, and other drugs annually. Policies are disseminated annually through mass emails to all University of Missouri-Kansas City students, faculty, and staff, online in the student handbook, online in the course schedule that all University of Missouri-Kansas City students use to register for classes, and available online through the University of Missouri-Kansas City Counseling Services homepage. Employees are informed of the University of Missouri System drug and alcohol policy during new employee orientation and each fall semester through a mass email that references the Drug and Alcohol Abuse in the Workplace Policy (HR-508). This policy can be located at <http://www.umsystem.edu/ums/rules/hrm/hr500/hr508>.

**Content of Policy:** The full text of policies and procedures regarding the standards of conduct can be found in the University of Missouri-Kansas City Student Handbook <http://info.umkc.edu/saem/wp-content/uploads/2016/04/UMKC-Student-Handbook.pdf>.

### **Student Conduct and Honor Codes**

All students at the University of Missouri--Kansas City are expected to abide by the Standard of Conduct as described in the University of Missouri System Collected Rules and Regulations.

In addition, some academic programs have honor codes and other standards for students enrolled in these programs, including the Schools of Dentistry, Education, Law, Medicine, Nursing, and Pharmacy.

### **University of Missouri Student Standard of Conduct**

Chapter 200 of the UM Collected Rules and Regulations outlines the Standard of Conduct all students are expected to uphold as well as the rules and procedures for student disciplinary matters. The conduct code is designed to ensure social responsibility, academic integrity, and the safety of our community. Students found to be in violation of the Standard of Conduct may face formal sanction, ranging from warning to expulsion. Students have the right to a formal hearing.

### **Drug and Alcohol Prevention Program**

Pursuant to the Drug-Free Schools and Communities Act Amendments of 1989, the University of Missouri is required to establish a drug-and-alcohol-prevention program for its students and employees. The University of Missouri program includes education and information about the dangers of drugs and alcohol abuse in the workplace; programs that address unlawful controlled substance and alcohol use, including personnel actions that may result from such violations; self-referrals, as well as supervisory referrals, to drug and alcohol counseling and rehabilitation programs available through the Employee Assistance Program and/or community agencies.

**Standards of Conduct:** University of Missouri regulations prohibit the unlawful manufacture, distribution, dispensation, possession or use of alcohol and illicit drugs on University owned or controlled property and at University-sponsored or -supervised activities.

**Legal Sanctions:** Local, state and federal laws also prohibit the unlawful manufacture, distribution, dispensation, possession or use of alcohol and illicit drugs. Criminal penalties for violation of such laws range from fines up to \$20,000 to imprisonment for terms up to life.

**Health Risks:** Specific serious health risks are associated with the use of illicit drugs and alcohol. Some of the major risks are listed below.

- *Alcohol and other depressants* (barbiturates, sedatives and tranquilizers): Addiction, accidents as a result of impaired ability and judgment, overdose when used with other depressants, damage to a developing fetus, heart and liver damage.
- *Marijuana:* Addiction; panic reaction; impaired short-term memory; increased risk of lung cancer and emphysema, particularly in cigarette smokers; impairment of driving ability.
- *Cocaine* Addiction, heart attack, seizures, lung damage, severe depression, paranoia, psychosis. Similar risks are associated with other stimulants, such as speed or uppers.

- *Hallucinogens* (acid, LSD, PCP, MDMA, etc.): Unpredictable behavior, emotional instability, violent behavior, organic brain damage in heavy users, convulsions and coma.
- *Narcotics* (heroin, Demerol, Morphine, Codeine, etc.): Addiction, accidental overdose, risk of hepatitis and AIDS from contaminated needles.
- *Inhalants* (gas, aerosols, glue, nitrites, etc.): Loss of consciousness, suffocation, damage to the brain and central nervous system, sudden death, nausea and vomiting, nosebleeds and impaired judgment.

**Prevention Programming:** Annual strategic plans for prevention include outreach to students through educational materials, presentations at campus fairs and in classrooms and for departments, social norming campaigns, motivational approaches in individual and group settings and inclusion of research-based effective interventions. Students referred for campus violations complete a computerized assessment of alcohol/cannabis use behaviors and patterns, as well as one more consultation sessions at Counseling Services.

**Resources:** A variety of resources exist for drug or alcohol counseling, treatment, or rehabilitation programs. UMKC participates in Partners in Prevention, Missouri’s higher education substance abuse consortium, and provides prevention resources to the UMKC community through UMKC Counseling Services. For referrals, students and employees may contact the Counseling Services at 816-235-1635. Such referrals will be confidential.

**University Discipline:** Violation of these University of Missouri regulations can result in disciplinary action up to and including expulsion for students and discharge for employees.

**Alcohol Policy:** The use or possession of any alcoholic beverage is strictly prohibited on all University property except where appropriate University approval is given, subject to legal requirements. To request permission to serve alcoholic beverages at events that support the mission of the University, Departments should inquire at the Vice Provost for Student Affairs – Dean of Students. Student Organizations should inquire at the Office of Student Involvement.

### **AOD Prevalence Rate, Incidence Rate, Needs Assessment and Trend Data (MACHB Spring 2018)**

#### **Drug and Alcohol Related Incidents/Fatalities**

The University of Missouri-Kansas City Police Department and Environmental Health and Safety Fire Safety Division provides the campus community with a Campus Crime and Fire Safety Report (Campus Crime and Fire Safety Report, 2016) in accordance with the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act of 1998 and the higher Education Opportunities Act of 2008. The report is located online at <https://www.umkc.edu/finadmin/police/documents/2018CCFSR.pdf>. The report released in October 2018 covers the 2016-2017 statistics for both Volker and Hospital Hill Campuses.



For 2017, the University of Missouri-Kansas City Police Department and Environmental Health and Safety Fire Safety Division recorded 20 liquor law violations and 11 drug violations between both the Volker and Hospital Hill.

In 2016, the University of Missouri-Kansas City Police Department and Environmental Health and Safety Fire Safety Division recorded 50 liquor law violations and 20 drug violations for both campuses.

### **2017-2018 University of Missouri-Kansas City Missouri Assessment of College Health Behavior Data**

- 72% of University of Missouri-Kansas City students consumed alcohol in the past year (MACHB, 2019).
- 55% of University of Missouri-Kansas City students consumed alcohol in the past 30 days (MACHB, 2019).
- Binge drank in last two weeks:
  - All Students: 15% of University of Missouri-Kansas City students reported binge drinking, defined as 5 or more drinks in a two-hour period, in the past two weeks (MACHB, 2019).
- 34.5% of University of Missouri-Kansas City students used marijuana in the past year (MACHB, 2019).
- Current Marijuana Users: Of those who reported using marijuana in the past year: 2.8% reported using marijuana 3 or more times per week and 4.4% reported using marijuana daily (MACHB, 2019).
- Illegal Drug Use (except marijuana) in the past year:
  - In the past year: 9.1% of University of Missouri-Kansas City students reported using prescription drugs without a doctor's prescription within the past year (MACHB, 2019).

### **Trends**

- Binge Drinking
  - The percentage of University of Missouri-Kansas City students who reported binge drinking (one sitting) decreased from 18% in 2018 to 16% in 2019.
  - The percentage of students who reported binge drinking (two-hour definition) decreased from 19% in 2018 to 15% in 2019.
- Marijuana
  - The percentage of University of Missouri-Kansas City students who reported using marijuana once or more in the past year decreased from 36% in 2018 to 34.5% in 2019.
- Illegal Drugs

- The percentage of University of Missouri-Kansas City students who reported using prescription drugs without a doctor's prescription within the past year from decreased from 12% in 2018 to 9.1% in 2019.

### **AOD Policy, Enforcement & Compliance Inventory**

**University of Missouri-Kansas City Alcoholic Beverage Policy:** As a general policy, the use or possession of any alcoholic beverage is strictly prohibited on all University property except when appropriate University approval is given, subject to legal requirements. Requests to serve alcohol will be examined on a case-by-case basis and permission to serve alcohol at an event on campus is considered an exception to the policy. Alcoholic beverages may be served or consumed only at 1) luncheons, dinners or receptions of the university in honor of certain individuals; 2) in connection with official university events; 3) in connection with fundraising activities for university programs; or 4) other events approved by the Chancellor or designee as in furtherance of the university mission.

According to the UM Collected Rules and Regulations 110.050 on Alcoholic Beverages, UMKC's Chancellor has the authority to delegate the responsibility to act on requests for alcohol use on University property for single events and reoccurring similar events in designated conference, meeting, or dining facilities to the Vice Provost for Student Affairs – Dean of Students. In addition, the CRR 110.050 specifies that all University venues need to include the appropriate license and comply with State law.

#### **Conditions for all UMKC events that are approved to have alcohol present:**

No UMKC employee, organization, affiliate, or student organization shall knowingly violate any of the policies listed below:

- 1) Persons under 21 years of age are not permitted to possess or consume alcohol within the borders of the State of Missouri. Official identification may be required by the server to verify that a person has attained the legal age for possessing or consuming alcohol.
- 2) No University funds or activity fees can be used to pay for alcohol beverages on or off campus except through specified University "gift accounts" or other previously authorized accounts.
- 3) Events serving alcoholic beverages may not be held adjacent to classrooms that are in session.
- 4) No advertising that implies or acknowledges alcohol-related events is permitted.
- 5) The University contracted food vendor shall be the exclusive licensed server of alcoholic beverages on UMKC campuses and shall obtain whatever license is required in order to dispense alcoholic beverages at the approved venues.
  - a. The University contracted food vendor shall furnish, for a fee, setups and services needed for an event approved to be held on campus.

- b. The University contracted food vendor shall provide all qualified personnel necessary for and have full control over dispensing alcoholic beverages at approved events.
  - c. All alcoholic beverages are to be purchased by the host organization and delivered to the University contracted food vendor for serving.
  - d. No alcoholic beverages other than those served by the University contracted food vendor may be dispensed.
  - e. Members and guests of the sponsoring organization may not carry alcoholic beverages outside the area in which they are being served.
  - f. Nonalcoholic beverages and food must be provided at all events where alcoholic beverages are served.
  - g. No alcohol sales or “cash bars” are allowed.
- 6) Use of alcoholic beverages is permitted only for approved events held in the following venues:
- a. Administrative Center Conference Facilities
  - b. Atterbury Student Success Center Pierson Auditorium and Chancellor’s Dining Room
  - c. Bloch Executive Hall for Entrepreneurship and Innovation-Third Floor Innovation Lab and Fourth Floor Boardroom
  - d. Diastole Center
  - e. Durwood Stadium
  - f. Fine Arts Building Gallery of Art
  - g. Health Sciences Building conference rooms
  - h. Katz Hall Exhibition Room
  - i. Miller Nichols Library Dean’s Conference Room
  - j. Olson Performing Arts Center
  - k. School of Dentistry Faculty Lounge
  - l. School of Law Stoup Courtroom and Student Lounge
  - m. Spencer Chemistry Building, Rooms 504 and 504A
  - n. Student Union conference rooms
  - o. Swinney Recreation Center
- 7) Hosts of an event involving alcoholic beverages are held responsible for actions of their guests.
- 8) For any UMKC events approved to serve alcoholic beverages that are held off-campus, due to liability issues, it is required that licensed caterers serve the event.
- 9) Sponsoring individuals or organizations may be required to attend risk-management training as a condition of approval.

**Procedure for requesting approval to serve alcoholic beverages:**

- 1) A university unit or affiliated organization wishing to serve alcoholic beverages on campus must submit a *Request to Use Alcoholic Beverages on University Property* form to the Vice Provost for Student Affairs – Dean of Students prior to any public announcement, but in no case less than two (2) weeks before the event. At minimum, the request should specify:

- a. The date and time of the activity.
- b. The name of the group making the request and the general makeup of its constituency.
- c. The location of the activity.
- d. The nature of the activity and the general type of the group to attend.
- e. The name of the person exercising responsibility for the activity.
- f. Each request will be reviewed based on the event's relation to the University's Mission or fundraising goals as well as the proposed event time and location in relation to scheduled student activities or classes that are in session.
- g. Persons or organizations submitting a request for review should indicate alternate times/locations for the event.
- h. External organizations should include a copy of a fully executed Facilities and Services Agreement.

**HR-508 Drug/Alcohol Abuse in the Workplace:** Federal law requires that the University have a policy on drug and alcohol abuse in the workplace which meets certain statutory requirements. The federal law also mandates that the University have a drug and alcohol free awareness program. The unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance is prohibited on all University-owned or controlled property and at University sponsored or supervised activities. The unlawful possession, use and/or distribution of alcohol is also prohibited on all University-owned or controlled property and at University sponsored or supervised activities. Violations of this policy may result in discharge or other discipline in accordance with University policies and procedures covering the conduct of faculty, staff and students. The University has an obligation to provide a healthy and safe environment for all students, employees and visitors to its campuses.

Consistent with this concern, the University offers resources to employees and students: education and information about the dangers of drug and alcohol abuse in the workplace; programs which address unlawful controlled substance and alcohol use, including personnel actions that may result from such violations; and self-referrals as well as supervisory referrals to drug and alcohol counseling and rehabilitation programs available through the University's Employee Assistance Program and/or community agencies. Such referrals will respect individual confidentiality.

Each employee engaged in the performance of work supported by a federal grant or contract, as a condition of employment, must abide by the terms of the policy and must notify the University of any criminal drug statute conviction for a violation occurring in the workplace no later than five (5) days after such conviction.

The University must notify the contracting agency within ten (10) days after receiving notice from the employee or otherwise receiving actual notice of such conviction.

**Field Trips: A Guide for Faculty and Staff:** Compliance with University Policies Faculty, staff, and students must comply with University policies while on field trips just as they would on campus including those concerning alcohol and drug use, vehicle use, student misconduct, smoking, principles of academic freedom, policy on sexual harassment, and consensual relationships.

**BPM-306 Special Purchases: Alcohol, Drugs and Hazardous Materials:** All purchases of drugs, alcohol, and hazardous materials are to be made in compliance with Federal and State laws. Procurement will work with Environmental Health and Safety in order to assure that such products are shipped, stored and handled in accordance with University safety policies.

**BPM-406 Vehicles: Compliance with Traffic Regulations and Safety/ Alcohol and Controlled Substances:** Established speed limits and all other traffic rules and regulations must be observed. The University is not responsible for traffic violations by drivers on Official University Business. Operators must drive carefully, safely and courteously.

Operators shall not drive while under the influence of alcohol, illegal drugs or any other substance that impairs their ability to drive. Transportation of controlled substances in University vehicles is prohibited except when necessary in the conduct of Official University Business.

#### **Drug and Alcohol Prevention Program**

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**Health Risks:** Specific serious health risks are associated with the use of illicit drugs and alcohol. Some of the major risks are listed below.

- *Alcohol and other depressants* (barbiturates, sedatives and tranquilizers): Addiction, accidents as a result of impaired ability and judgment, overdose when used with other depressants, damage to a developing fetus, heart and liver damage.
- *Marijuana*: Addiction; panic reaction; impaired short-term memory; increased risk of lung cancer and emphysema, particularly in cigarette smokers; impairment of driving ability.
- *Cocaine* Addiction, heart attack, seizures, lung damage, severe depression, paranoia, psychosis. Similar risks are associated with other stimulants, such as speed or uppers.
- *Hallucinogens* (acid, LSD, PCP, MDMA, etc.): Unpredictable behavior, emotional instability, violent behavior, organic brain damage in heavy users, convulsions and coma.
- *Narcotics* (heroin, Demerol, Morphine, Codeine, etc.): Addiction, accidental overdose, risk of hepatitis and AIDS from contaminated needles.
- *Inhalants* (gas, aerosols, glue, nitrites, etc.): Loss of consciousness, suffocation, damage to the brain and central nervous system, sudden death, nausea and vomiting, nosebleeds and impaired judgment.

**Prevention Programming:** Annual strategic plans for prevention include outreach to students through educational materials, presentations at campus fairs and in classrooms and for departments, social norming campaigns, motivational approaches in individual and group settings and inclusion of research-based effective interventions. Students referred for campus violations participate in two or more consultation sessions at Counseling Services.

**Resources:** A variety of resources exist for drug or alcohol counseling, treatment, or rehabilitation programs. UMKC participates in Partners in Prevention, Missouri's higher education substance abuse consortium, and provides prevention resources to the UMKC community through UMKC Counseling Services. For referrals, students and employees may contact the Counseling Services at 816-235-1635. Such referrals will be confidential.

**University Discipline:** Violation of these University of Missouri regulations can result in disciplinary action up to and including expulsion for students and discharge for employees.

**Alcohol and Other Drugs (Residential Life):** Residential Life staff members will confiscate and dispose of alcohol and alcoholic-beverage containers found in the possession of residents and/or their guests. Residents in violation of the policy will be asked to dispose of alcoholic beverages in the presence of a staff member. Residents entering the housing complex intoxicated and creating a disturbance will be subject to disciplinary action.

Residents who are in the same room as alcoholic beverages or alcohol containers, regardless of to whom the alcohol belongs, are subject to disciplinary action. Additionally, residents who are

in the same room as illegal drugs, or who are suspected of recently having used drugs—primarily from a distinct odor or from behaviors/symptoms—are subject to disciplinary action.

Residents are not allowed to be in possession of prescription drugs that are not prescribed to them. Residents can be found in violation of this policy if they are not present in the room at the time the evidence of drug/alcohol use is discovered. Other violations of this policy may include alcohol containers—such as bottles, cans, etc.—and drug paraphernalia—such as pipes, roaches, etc.

All students possessing alcohol, alcoholic beverage containers, or drugs in the building; in the same room as alcohol or drugs; entering the complex intoxicated and creating a disturbance; and/or posting pictures on an on-line forum (such as Facebook or Instagram) displaying prohibited behavior taking place in any of the complexes are subject to judicial sanctions which may include a computerized assessment to evaluate patterns/behaviors related to alcohol and/or cannabis use, as well as a one-session consultation (BASICS Level 1) at a cost of \$75 for all first time offenders. The same process is used for any repeat offenders, but will meet with the AOD Prevention Coordinator to determine if additional resources are necessary. Repeat offenders will be assessed a \$100 fee. Residents may also be subject to additional sanctions if deemed appropriate.

**Smoking Policy (Residential Life):** UMKC is a tobacco free campus; therefore, the use of tobacco, including smokeless tobacco products, and legal smoking products are prohibited in all campus buildings including residential facilities. Students over 18 years of age may possess and are allowed to store tobacco and legal smoking products but may not use them in the halls. Students who are found responsible (or whose guest is responsible) for smoking in a residential facility are subject to a fine of \$100 to be billed to their student account.

**ALCOHOL AND DRUGS:** The Risk Management Policy of FIPG, Inc. includes the provisions, which follow and shall apply to all fraternity entities and all levels of fraternity membership.

1. The possession, sale, use or consumption of ALCOHOLIC BEVERAGES, while on chapter premises or during a fraternity event, in any situation sponsored or endorsed by the chapter, or at any event an observer would associate with the fraternity, must be in compliance with any and all applicable laws of the state, province, county, city and institution of higher education, and must comply with either the BYOB or Third Party Vendor Guidelines.

2. No alcoholic beverages may be purchased through or with chapter funds nor may the purchase of same for members or guests be undertaken or coordinated by any member in the name of or on behalf of the chapter. The purchase or use of a bulk quantity or common source(s) of alcoholic beverage, for example, kegs or cases, is prohibited.

3. OPEN PARTIES, meaning those with unrestricted access by non-members of the fraternity, without specific invitation, where alcohol is present, are prohibited.

4. No members, collectively or individually, shall purchase for, serve to, or sell alcoholic beverages to any minor (i.e., those under legal drinking age).

5. The possession, sale or use of any ILLEGAL DRUGS or CONTROLLED SUBSTANCES while on chapter premises or during a fraternity event or at any event that an observer would associate with the fraternity is strictly prohibited.

6. No chapter may co-sponsor an event with an alcohol distributor or tavern (tavern defined as an establishment generating more than half of annual gross sales from alcohol) at which alcohol is given away, sold or otherwise provided to those present. This includes any event held in, at or on the property of a tavern as defined above for purposes of fundraising. However, a chapter may rent or use a room or area in a tavern as defined above for a closed event held within the provisions of this policy, including the use of a third party vendor and guest list. An event at which alcohol is present may be conducted or co-sponsored with a charitable organization if the event is held within the provisions of this policy.

7. No chapter may co-sponsor, co-finance or attend or participate in a function at which alcohol is purchased by any of the host chapters, groups or organizations.

8. All recruitment or rush activities associated with any chapter will be non-alcoholic. No recruitment or rush activities associated with any chapter may be held at or in conjunction with a tavern or alcohol distributor as defined in this policy.

9. No member or pledge, associate/new member or novice shall permit, tolerate, encourage or participate in "drinking games." The definition of drinking games includes but is not limited to the consumption of shots of alcohol, liquor or alcoholic beverages, the practice of consuming shots equating to one's age, "beer pong," "century club," "dares" or any other activity involving the consumption of alcohol which involves duress or encouragement related to the consumption of alcohol.

10. No alcohol shall be present at any pledge/associate member/new member/novice program, activity or ritual of the chapter. This includes but is not limited to activities associated with "bid night," "big brother – little brother" events or activities, / "big sister - little sister" events or activities, "family" events or activities and initiation.

**Smoking and Tobacco Policy:** Tobacco use and smoking are prohibited throughout UMKC properties. "Smoking," as defined herein, means the act of drawing smoke or a vaporized substance into one's mouth that has been ignited, combusted, or vaporized.

"Smoking Products" include, but are not limited to, tobacco, cloves, all cigarette products (cigarettes, bidis, kreteks, juuls, e-cigarettes, etc.) and all smoke-producing devices (cigars, pipes, hookahs, etc.).

"University of Missouri-Kansas City properties" include, but are not limited to:

- All outdoor common and educational areas; inside all university owned or leased buildings
- Campus sidewalks
- Campus parking lots
- Recreational areas
- Outdoor stadiums



- University-owned and leased vehicles (regardless of location)

This smoking ban does not apply to public rights-of-way (sidewalks/streets) within the campus boundaries, as these are governed by City of Kansas City ordinance.

**General exceptions include:** Certain academic research activities may be allowed as approved by the Director of Environmental Health and Safety, provided that the research is conducted in an appropriately ventilated area.

Tobacco use will be allowed in enclosed personal vehicles, with the windows completely closed, in university parking areas on the Volker and Hospital Hill campuses.

**Respect and responsibility:** Compliance with this UMKC Policy is the responsibility of each employee, student and visitor. Its success depends on an attitude of consideration and cooperation by smokers and nonsmokers alike.

All members of the university community share the responsibility for bringing it to the attention of visitors. Enforcement of the policy is the responsibility of each unit supervisor for his/her facility or unit, with reasonable enforcement efforts being made. Any complaints concerning the application of this policy should be brought to the attention of the appropriate university authorities.

**Alcohol, Drugs, and Tobacco (Athletics):** The legal drinking age in Missouri and Kansas is 21. However, as a student-athlete, you are also prohibited from drinking alcoholic beverages when representing UMKC or attending UMKC-sponsored events.

Additionally, you are not to drink and drive. You are not to use alcohol to a degree that it affects your academic or athletic performance, affects your personal relationships or finances, or to a degree it leads to legal problems. You are not to drink alcohol in department-issued UMKC athletics apparel, or to drink alcohol with recruits or their associates.

If you are involved in an alcohol-related incident in which there are no legal consequences, your Head Coach, the sport supervisor, and the Director of Athletics will determine whether suspension from practice and/or competition is warranted per the UMKC Discipline Policy. The use of illegal or “performance enhancing” drugs is completely inconsistent with the purpose of intercollegiate athletics and creates a danger to the health and safety of all student-athletes. If you need to purchase an over-the-counter medication, or if your doctor prescribes a drug, you should notify your athletic trainer before consumption. UMKC Athletics upholds and enforces NCAA and UMKC regulations regarding alcohol, tobacco, non-therapeutic prescription drugs, and all NCAA banned drug classes.

Tobacco is prohibited by NCAA regulations and will not be permitted by UMKC student-athletes or staff members during any team functions. A team function is defined as any activity held as a team, including meetings, practices, informal workouts, games, or banquets, both on and off-campus. Additionally, UMKC Athletics discourages all UMKC student-athletes from using

tobacco in their private lives. Violation of NCAA or University rules regarding tobacco will subject the student-athlete to discipline.

UMKC and UMKC Athletics do not condone the use, possession, sale, manufacture or distribution of drugs that are illegal, may involve medical or psychological hazards to individuals, or may lead to interference with the rights and privileges of others. You shall sign a statement in which you consent to be tested for the use of drugs prohibited by NCAA rules and regulations prior to participating in intercollegiate competition. Failure to complete and sign the form shall result in your ineligibility for participation in all intercollegiate practice and competition. In addition, UMKC has an institutional drug-testing program and provides educational opportunities to enhance the student-athletes' awareness of the effects of substance abuse.

From time to time, the NCAA will randomly drug test student-athletes across the country. When the NCAA seeks to test a particular UMKC student-athlete, it will email the Sports Medicine Staff prior to the test with the names of the student-athletes who are to be tested. The student athletes who are to be tested will be contacted and instructed to report to the UMKC athletic training room at a designated day and time. An absence or tardy is considered a "positive" test. Therefore, it is recommended that any UMKC student-athlete who is summoned for testing arrive to the Athletic Training Room **at least 15 minutes early**. A positive drug test will result in the loss of one season of competition for the student-athlete, and the student-athlete must sit out one calendar year from the date of testing. In addition to the random drug tests conducted by the NCAA, UMKC Athletics may randomly test any student-athlete at any time. A positive test from a UMKC drug test will be referred to the Director of Athletics for appropriate action as outlined in the Drug Testing Policy.

**Drug Testing Policy (Athletics):** UMKC is committed to the physical and mental well-being of its student-athletes. The university recognizes that the use of certain drugs and substances, legal or illegal, is not in the best interest of the student-athlete or UMKC athletics. In an effort to eliminate the use of illegal drugs and other substances, UMKC has implemented a comprehensive substance\_abuse education and testing program to promote healthy and responsible lifestyles for student athletes. This policy is separate from the NCAA Drug-Testing Program and carries with it\_separate sanctions to be imposed by the UMKC Department of Intercollegiate Athletics. For\_description of the NCAA Drug-Testing Program, refer to the NCAA website ([www.NCAA.org](http://www.NCAA.org)).

The UMKC Athletics Department has made it a policy that the use and abuse of illegal and/or banned drugs by student-athletes will not be tolerated. Each student-athlete shall be subject to random drug testing, team testing, follow-up testing and testing based upon reasonable suspicion. Student-athletes may be drug tested throughout the year, including summer, for substances on the banned drug-class list. There is no limit on the amount of times a student athlete can be drug tested during the year. As an UMKC student-athlete you can be tested without notice. Notification of selection will take place no more than 24 hours prior to the

scheduled test. If a student-athlete fails to report at the scheduled UMKC and/or NCAA drug test, and/or leaves the test site without permission, it is considered a “no show” and interpreted as a positive test result.

It is up to the Director of Athletics and Head Coaches’ discretion to impose any sanctions beyond those listed within the policy. Additional sanctions or penalties will also be determined based on individual situations.

### **Drug Testing Policy Sanctions (Athletics):**

**First Positive Test:** The Director of Athletics, Head Coach, Sport Supervising AD, Head Athletic Trainer and Team Physician will be notified and will have a confidential meeting with the athlete. The student-athlete will be required to notify his/her parent(s), guardian, or spouse of the positive result in the presence of one or more of the above individuals. The student-athlete will be suspended from the next (1) countable contest/competition; that can and will carry over into subsequent championship seasons if the positive occurs during the off-season or during such a time that it cannot be completed during the season. The student-athlete is required to participate in a substance abuse treatment program (BASICS), held at the UMKC Counseling Services; if counseling is refused it will result in a second positive test. The student-athlete will be subject to retests until tested negative. If levels do not show a negative result or declining trend, it will be considered a second positive test. The student-athlete will also be subject to unannounced follow-up drug testing for one year after the date of the first violation.

**Second Positive Test:** Student-athletes are required to perform all penalties as described in the FIRST POSITIVE with the exception of the following. The student-athlete will be suspended from 10% of the maximum number of contests/competitions allowed per sport by the NCAA; applied to the next countable contests/competitions and will carry over into subsequent championship seasons if the positive occurs during the off-season or during such a time that it cannot be completed during the season. If BASICS counseling is refused, it will result in a third positive test. If retest levels do not show a negative result or declining trend, it will be considered a third positive test. The student-athlete will also be subject to unannounced follow-up drug testing through the remainder of his/her athletic career at UMKC.

**Third Positive Test:** A student-athlete who tests positive for a third time shall immediately lose all remaining eligibility for further competition at UMKC, which will then also terminate any scholarship or athletics financial aid.

**ADD/ADHD Medication Policy:** The NCAA bans classes of drugs because they can harm student-athletes and can create an unfair advantage in competition. Some legitimate medications contain NCAA banned substances, and student-athletes may need to use these medications to support their academics and their general health. The NCAA has a procedure to review and approve legitimate use of medication that contains NCAA banned substances through an exceptions process. In order for the NCAA to review an exception the Sports

Medicine department must have the proper documentation from qualified medical/health care professionals. The documentation requires the student-athlete and health care professional to go through a rigorous evaluation, testing, and prescription documentation process in advance of any drug test. If a medication has been prescribed for ADD/ADHD, and there is a failure to produce the proper documentation from those health care professionals, it can and will be grounds for a positive result on any drug test. The student-athlete must inform their sport athletic trainer and the Learning Services Coordinator if they have been previously diagnosed, currently are diagnosed, or are being tested for ADD/ADHD and/or taking prescription medications for such conditions. The Sports Medicine staff will then provide the proper guidelines for the physician/psychiatrist/counselor to formally produce their evaluation documentation. Updated documentation is required upon any changes to the treatment of such conditions as well as **annually** at the beginning of every school year. For information regarding ADHD assessment, please refer to the Student-Athlete Support Services Office section of this handbook.

**Federal Student Financial Aid Penalties for Drug Law Violations:** Federal law provides that a student who has been convicted of an offense under any federal or state law involving the possession or sale of a controlled substance during a period of enrollment for which the student was receiving financial aid shall not be eligible to receive any federal or institutional grant, loan, or work assistance.

### **Transactions Requiring Special Documentation or Approval: Purchasing Card Policy**

**Alcoholic Beverages:** At times there are legitimate expenditures for alcohol related to the promotion of the University's interests. A statement explaining how this expenditure benefits the University must be provided in the PaymentNet system for each purchase of alcohol products.

### **AOD Comprehensive Program/Intervention Inventory**

#### **Notification of Parents and Students of Alcohol & Drug Policies and safety awareness:**

Families and new students were mailed the brochures "A Parent's Guide to Health and Safety in College" and "What Every Student Needs to Know: Information about Alcohol & Other College Health Issues" and copies of campus AOD policies. Policies were also reviewed in parent/student consultations at Destination Graduation during summer campus orientation visits. Alcohol policies are reviewed in all Residential Life Orientations.

**Prevention:** Tabling, social media messaging, events (Giving Thanks Luncheon, Safe Spring Break, Booze Free Bash, Surviving Finals), classroom presentations, Ask-Listen-Refer, MindBody Connection Services

**Screenings/Early Identification:** Online alcohol screenings are readily available on the campus Counseling Center's website. The eCHECKUP TO GO (Alcohol and Marijuana) is also available, and is a personalized and evidence-based online program that helps students evaluate their relationship with substances. The eCHECKUP TO GO also provides ideas/strategies and campus resources to assist students in making behavioral changes to their substance use patterns.

**Recovery Support:** The Alcohol and Other Drug Prevention Coordinator attended the Recovery Overview

session at Meeting of the Minds conference in April 2019 to learn about development of Recovery programs on college campuses. The campus coalition talked about Recovery programming at several of the monthly meetings to envision what recovery services look like. RooCovery student organization is now accessible to any University of Missouri-Kansas City student.

**Counseling Services:** Student appointments, consultations, outreach presentations, and BASICS education appointments.

**Group and Individual Smoking Cessation:** Group and individual smoking cessation appointments are provided through Student Health and Wellness. For individual smoking cessation appointments, patients can schedule a 15 minute appointment with a Nurse Practitioner. Free Nicotine Replacement Therapy (NRT) is provided.

**Prevention Programming: Month Specific**

Focus Areas: Bystander Intervention, Alcohol, Other Drugs, Sexual Violence, Sexual Harassment, Relationship Violence, Stalking, Cyber Violence or Stalking, Suicide Prevention

**January 2018:**

Program	Attendance (#)	Focus
RESPOND Training	~40	Bystander Intervention
Green Dot Overview	40	Bystander Intervention
Alcohol & Sexual Assault Training	20	Alcohol, Relationship Violence

**February 2018:**

Program	Attendance (#)	Focus
RooCovery Meeting	4	Alcohol, Other Drugs
Union Fest	~450	Bystander Intervention, Alcohol, Other Drugs

**March 2018:**

Program	Attendance (#)	Focus
Green Dot	88	Bystander Intervention

Booze Free Bash	300	Bystander Intervention, Suicide Prevention, Alcohol, Other Drugs, Sexual Violence, Sexual Harassment, Relationship Violence, Stalking
RESPOND Training	12	Bystander Intervention

**June 2018:**

<b>Program</b>	<b>Attendees (#)</b>	<b>Focus</b>
UMKC Campus Coalition for Student Health, Safety and Wellness	10-20	Bystander Intervention, Alcohol, Other Drugs, Sexual Violence, Relationship Violence, Stalking, Cyber Violence or Stalking, Sexual Harassment
Roo Fair	400	Bystander Intervention, Relationship Violence, Stalking, Sexual Harassment, Sexual Assault, Alcohol, Other Drugs, Suicide Prevention

**July 2018:**

<b>Program</b>	<b>Attendees (#)</b>	<b>Focus</b>
Consent 101	29	Relationship Violence, Stalking, Sexual Harassment, Sexual Assault
RooFair	400	Bystander Intervention, Relationship Violence, Stalking, Sexual Harassment, Sexual Assault, Alcohol, Other Drugs, Suicide Prevention

**August 2018:**

<b>Program</b>	<b>Attendees (#)</b>	<b>Focus</b>
Intro to Violence Prevention Resources	32	Bystander Intervention, Relationship Violence, Stalking, Sexual Harassment, Sexual Assault
International Student RooFair	230	Bystander Intervention, Relationship Violence, Stalking, Sexual Harassment, Sexual Assault, Alcohol, Other Drugs, Suicide Prevention
UnionFest	750	Bystander Intervention, Relationship Violence, Stalking, Sexual Harassment, Sexual Assault, Alcohol, Other Drugs, Suicide Prevention
Drug Awareness for Residential Life Employees	20	Other Drugs

**September 2018:**

<b>Program</b>	<b>Attendees (#)</b>	<b>Focus</b>
UMKC Campus Coalition for Student Health, Safety and Wellness	25-30	Bystander Intervention, Alcohol, Other Drugs, Sexual Violence, Relationship Violence, Stalking, Cyber Violence or Stalking, Sexual Harassment
Walk a Mile in Her Shoes	100	Bystander Intervention, Relationship Violence, Sexual Harassment, Sexual Violence
Alcohol Awareness	50	Alcohol

Fraternity and Sorority Fall Leadership Retreat	55	Alcohol
Anxiety and Healthy Coping Presentation	50	Alcohol, Suicide Prevention

**October 2018:**

<b>Program</b>	<b>Attendees (#)</b>	<b>Focus</b>
Empty Chair Campaign	1800+	Relationship Violence
Red Flag Campaign	122	Relationship Violence, Bystander Intervention
Green Dot	6	Bystander Intervention
Roo Day of Awareness	20	Relationship Violence, Bystander Intervention
UMKC Campus Coalition for Student Health, Safety and Wellness	10-20	Bystander Intervention, Alcohol, Other Drugs, Sexual Violence, Relationship Violence, Stalking, Cyber Violence or Stalking, Sexual Harassment
Don't Cancel That Class	45	Alcohol, Relationship Violence

**November 2018:**

<b>Program</b>	<b>Attendees (#)</b>	<b>Focus</b>
Giving Thanks Luncheon	5	Other Drugs
Higher Education Leadership Panel	20	Relationship Violence



UMKC Campus Coalition for Student Health, Safety and Wellness	25-30	Bystander Intervention, Alcohol, Other Drugs, Sexual Violence, Relationship Violence, Stalking, Cyber Violence or Stalking, Sexual Harassment
RESPOND Training	31	Bystander Intervention

**December 2018:**

<b>Program</b>	<b>Attendees (#)</b>	<b>Focus</b>
Surviving Finals Week Tabling Event	45	Bystander Intervention, Suicide Prevention, Alcohol, Other Drugs, Sexual Violence, Relationship Violence, Stalking, Sexual Harassment.
Alcohol and Sexual Assault Presentation	15	Alcohol, Relationship Violence

**January 2019:**

<b>Program</b>	<b>Attendees (#)</b>	<b>Focus</b>
UMKC Campus Coalition for Student Health, Safety and Wellness	25-30	Bystander Intervention, Alcohol, Other Drugs, Sexual Violence, Relationship Violence, Stalking, Cyber Violence or Stalking, Sexual Harassment

Fraternity and Sorority Presidents Workshop	17	Alcohol, Suicide Prevention
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**February 2019:**

<b>Program</b>	<b>Attendees (#)</b>	<b>Focus</b>
UMKC Campus Coalition for Student Health, Safety and Wellness	18	Bystander Intervention, Alcohol, Other Drugs, Sexual Violence, Relationship Violence, Stalking, Cyber Violence or Stalking, Sexual Harassment
The Vagina Monologues	396	Sexual Violence, Sexual Harassment, Relationship Violence, Bystander Intervention, Stalking
Fraternity and Sorority House Managers/Risk Management Workshop	51	Alcohol, Other Drugs, Suicide Prevention, Other
Film Screening & Post-Film Discussion: The Tale	DNK	Alcohol, Relationship Violence, Suicide Prevention

**March 2019:**

<b>Program</b>	<b>Attendees(#)</b>	<b>Focus</b>
Safe Spring Break: Bar School	55	Alcohol, Bystander Intervention
RooCovery	3	Alcohol

Booze Free Bash	75	Bystander Intervention, Suicide Prevention, Alcohol, Other Drugs, Sexual Violence, Sexual Harassment, Relationship Violence, Stalking
Green Dot Training	4	Bystander Intervention

**April 2019:**

<b>Program</b>	<b>Attendees (#)</b>	<b>Focus</b>
UMKC Campus Coalition for Student Health, Safety and Wellness	18	Bystander Intervention, Alcohol, Other Drugs, Sexual Violence, Date Violence, Stalking, Cyber Violence or Stalking, Sexual Harassment.
Mental Health Wellness Seminar	5	Suicide Prevention, Bystander Intervention

## **AOD Policy, Enforcement, and Compliance Related Outcomes**

### **Drug and Alcohol Related Incidents/Fatalities**

The University of Missouri-Kansas City Police Department and Environmental Health and Safety Fire Safety Division provides the campus community with a Campus Crime and Fire Safety Report (Campus Crime and Fire Safety Report, 2016) in accordance with the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act of 1998 and the higher Education Opportunities Act of 2008. The report is located online at <https://www.umkc.edu/finadmin/police/documents/2018CCFSR.pdf> . The report released in October 2018 covers the 2017 statistics for both Volker and Hospital Hill Campuses.

For 2017, the University of Missouri-Kansas City Police Department and Environmental Health and Safety Fire Safety Division recorded 20 liquor law violations and 11 drug violations between both the Volker and Hospital Hill.

In 2016, the University of Missouri-Kansas City Police Department and Environmental Health and Safety Fire Safety Division recorded 50 liquor law violations and 20 drug violations for both campuses.

### **AOD SWOC Analysis**

- **Programs/Interventions-**
  - Strengths
    - Collaborative network of campus partners.
    - Commitment from partners.
    - RESPOND Trainings.
    - Increased awareness of policy
  - Weaknesses
    - Marketing/branding our programs and resources.
    - Declining resource and declining staff support for programming/interventions.
    - Inconsistent goals/direction due to staffing changes
    - Lack of communication between various levels of university (i.e. administration and staff) regarding alcohol and drug prevention events.
  - Opportunities
    - Awareness of student organization initiatives related to AOD programming to partner with them
    - Use of mobile applications/technology to increase awareness of resources/programs.
    - Utilizing fraternity/sorority community to buy into Ask Listen Refer and Green Dot.
    - Kansas City initiatives to support recovery-friendly lifestyle

- Challenges
  - Staff Changes
  - Decrease in funding and staff resources.
  - Coming up with activities that will engage students in the targeted prevention areas.
  - Distance between the two campus