### HEALTHCARE OPTIONS

*(You can also Google “eye doctor, Kansas City” or “hospital, south Kansas City”, etc. to find more options)*

<table>
<thead>
<tr>
<th>Planned Parenthood</th>
<th>Truman Medical Center Lakewood</th>
<th>Saint Luke’s North Hospital–Barry Road</th>
</tr>
</thead>
</table>
| 1001 Emmanuel Cleaver Blvd  
Kansas City, MO 64110 | 7900 Lee’s Summit Road  
Kansas City, MO 64139  
816-404-7000 | 5830 N.W. Barry Road  
Kansas City, MO 64154  
816-891-6000 |
| Hospital Hill Medical Pavilion–UMKC Faculty Physicians  
2301 Charlotte  
Kansas City, Mo 64108 | Children’s Mercy  
2401 Gillham Road  
Kansas City, MO 6418 | Truman Medical Center  
2301 Holmes  
Kansas City, MO 64108  
816-404-7500 |
| Lakewood Family Health Care – UMKC Faculty Physicians  
7900 Lee’s Summit Road  
Kansas City, MO 64139 | Research Medical Center  
2316 E Meyer Blvd  
Kansas City, MO 64132  
816-276-4000 | Children’s Mercy Blue Valley  
6750 West 135th St.  
Overland Park, KS 66223  
913-717-4700 |
| Kansas City Free Health Clinic  
3515 Broadway  
Kansas City, MO 64111 | Health Department  
Kansas City Health Department  
2400 Troost  
Kansas City, MO  
Health Department: 816-513-6008  
Immunizations: 816-513-6108 | St. Luke’s Hospital  
4401 Broadway  
Kansas City, MO 64110 |
913-676-7777 | Dental Appointments  
UMKC School of Dentistry  
650 E. 25th St.  
Kansas City, MO 64108 | Walgreens Take Care Clinic  
3845 Broadway Blvd  
Kansas City, MO 64111 |
| Eye Foundation of Kansas City  
660 East 24th Street  
Kansas City, MO 64108  
Eye exams and eye problems | CVS Minute Clinic  
Inside CVS/pharmacy #8599  
5170 Roe Boulevard  
Roeland Park, KS 66205 | |

**EMERGENCY CARE:** Emergency Room care is the most expensive form of health care and should be used only in true emergencies.

### HOW TO STAY SAFE ON CAMPUS

UMKC is located in an urban setting. When living in an urban area, people must follow safety guidelines.  
- Be alert and aware of your surroundings at all times (avoid using MP3 players while walking).  
- Always walk with friends, classmates, or faculty/staff.  
- Learn the city and avoid dangerous neighborhoods.  
- Do not carry valuables with you or leave them in your vehicle.  
- Lock your doors and your apartments/houses.  
- Blue Safety Phones: These phones dial the UMKC police directly. If you feel threatened on campus, find one of the many safety phones.  
- Motorist Assist: Jumper cables for cars and general automobile assistance, including helping to open your car should you lock your keys in.  
- Personal Escort Services: UMKC police will walk you to your car or residence hall upon request.  
- Bicycle Registration: Register your bike to help prevent theft or aid recovery if stolen.  
- Lost and Found: Call to see if your lost property has been turned in.  
- Self Defense Courses for Women: Learn defense tactics to protect yourself if you are physically threatened.

UMKC Police Officers are here to assist students. Use their services and do not hesitate to call for non-emergency issues. The department’s phone number is 816-235-1515. In an emergency, call 911 immediately.
## GROCERY STORES/SUPERMARKETS

<table>
<thead>
<tr>
<th>Store Name</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cosentino’s Brookside Market</td>
<td>14 W 62nd Terrace, Kansas City, MO 64113</td>
<td>(816) 523-3700</td>
</tr>
<tr>
<td>Joong-Ang Grocery</td>
<td>7800 Shawnee Mission Pkwy, Overland Park, KS 66202</td>
<td>(913) 384-4989</td>
</tr>
<tr>
<td>Price Chopper</td>
<td>6327 Brookside Plaza, Kansas City, MO 64113</td>
<td>(816) 523-7700</td>
</tr>
<tr>
<td>Oriental Supermarket</td>
<td>10336 Metcalf, Overland Park, KS 66212</td>
<td>(913) 341-3345</td>
</tr>
<tr>
<td>ALDI</td>
<td>7511 Wornall Road, Kansas City, MO 64114</td>
<td></td>
</tr>
<tr>
<td>Trader Joe’s</td>
<td>8600 Ward Parkway, KC, MO 64114</td>
<td>(816) 333-5322</td>
</tr>
<tr>
<td>888 International Market</td>
<td>10118 W 119th St, Overland Park, KS 66213</td>
<td>(913) 341-8700</td>
</tr>
<tr>
<td>Whole Foods</td>
<td>7401 W 91st Street, Overland Park, KS 66212</td>
<td>(913) 652-9633</td>
</tr>
<tr>
<td>China Town Food Market</td>
<td>202 Grand Blvd, KC, MO 64106</td>
<td>(816) 472-6363</td>
</tr>
<tr>
<td>World Market</td>
<td>535 Westport Road, KC, MO 64111</td>
<td>(816) 931-3590</td>
</tr>
<tr>
<td>City Market International Groceries</td>
<td>20 E. 5th Street, Suite 201, Kansas City, MO 64106</td>
<td>(816) 842-1271</td>
</tr>
<tr>
<td>Al Habashi Middle Eastern Grocery</td>
<td></td>
<td>816-421-6727</td>
</tr>
<tr>
<td>Carollo’s Italian Gourmet Grocery</td>
<td>816-474-1860</td>
<td></td>
</tr>
<tr>
<td>Other markets include: SunFresh on Southwest Trafficway, Save-A-Lot on 35th and Troost, Safeway near 39th and Main, Wal-Mart on 135th and Stateline, Price Chopper on 103rd and Stateline, etc. You can always Google “grocery store, south Kansas City” or something similar.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## ALL PURPOSE STORES (household goods, clothes, food, etc.)

<table>
<thead>
<tr>
<th>Store Name</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wal-Mart (open 24 hours)</td>
<td>11701 Metcalf Ave, Overland Park, KS 66210</td>
<td>913-338-2202</td>
</tr>
<tr>
<td>Target</td>
<td>8509 Stateline Road, Kansas City, MO 64114</td>
<td>(816) 444-6012</td>
</tr>
<tr>
<td>Big Lots</td>
<td>8236 Wornall Rd, Kansas City, MO 64114</td>
<td>(816) 822-1230</td>
</tr>
<tr>
<td>Dollar General</td>
<td>2852 W. 47th Ave, Kansas City, KS 66103</td>
<td>(913) 722-0979</td>
</tr>
</tbody>
</table>

## PHARMACIES

<table>
<thead>
<tr>
<th>Store Name</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Albers Medical United Pharmacy</td>
<td>4400 Broadway Blvd, Kansas City, MO 64111</td>
<td>(816) 931-0100</td>
</tr>
<tr>
<td>CVS Pharmacy</td>
<td>6244 Brookside Blvd, Kansas City, MO 64113</td>
<td>(816) 444-0444</td>
</tr>
<tr>
<td>There are also pharmacies in Walgreen, Wal-Mart, Target, etc.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## CITY RESOURCES

<table>
<thead>
<tr>
<th>Store Name</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>POST OFFICE</td>
<td>5104 Main Street, Kansas City, MO 64112</td>
<td>(800) 275-8777</td>
</tr>
<tr>
<td>POST OFFICE</td>
<td>200 Westport Rd, Kansas City, MO 64111</td>
<td>(800) 275-8777</td>
</tr>
<tr>
<td>Department of Motor Vehicles (DMV)</td>
<td>6138 Raytown Trafficway, Raytown, Missouri 64133</td>
<td>816-737-1100</td>
</tr>
<tr>
<td>AT&amp;T</td>
<td>4015 Mill Street, Kansas City, MO 64111</td>
<td>(816) 753-4333</td>
</tr>
<tr>
<td>Sprint</td>
<td>3625 Broadway Ave, Kansas City, MO 64111</td>
<td>(816) 561-1234</td>
</tr>
<tr>
<td>Verizon</td>
<td>3385 Main Street, Kansas City, MO 64111</td>
<td>(816) 268-1322</td>
</tr>
<tr>
<td>RESTAURANT</td>
<td>PHONE</td>
<td>ADDRESS/WEBSITE</td>
</tr>
<tr>
<td>----------------------------------</td>
<td>---------------</td>
<td>------------------------------------------</td>
</tr>
<tr>
<td>Andre’s</td>
<td>816.561.3440</td>
<td>5018 Main Street <a href="http://andreschocolates.com/">http://andreschocolates.com/</a></td>
</tr>
<tr>
<td>Blanc Burgers</td>
<td>816.931.6200</td>
<td>4120 Pennsylvania Ave <a href="http://blancburgers.com/">blancburgers.com</a></td>
</tr>
<tr>
<td>Blue Bird Bistro</td>
<td>816.221.7559</td>
<td>1700 Summit Street <a href="http://www.bluebirdbistro.com/">www.bluebirdbistro.com</a></td>
</tr>
<tr>
<td>Blue Nile Café</td>
<td>816.283.0990</td>
<td>20 East 5th Street <a href="http://www.bluenilekc.com/">www.bluenilekc.com</a></td>
</tr>
<tr>
<td>Bo Ling’s Chinese Restaurant</td>
<td>816.753.1718</td>
<td>4701 Jefferson St. <a href="http://www.bolings.com/">www.bolings.com</a></td>
</tr>
<tr>
<td>Choga</td>
<td>913.385.2151</td>
<td>6920 W 105th St, Overland Park, KS 66212</td>
</tr>
<tr>
<td>Chosun</td>
<td>913.339.9644</td>
<td>12611 Metcalf Ave, Overland Park, KS 66213</td>
</tr>
<tr>
<td>Domo</td>
<td>816.333.6315</td>
<td>6322 Brookside Plaza <a href="http://www.domokc.com/">www.domokc.com</a></td>
</tr>
<tr>
<td>Eden Alley</td>
<td>816.561.5415</td>
<td>707 W 47th Street <a href="http://www.edenalley.com/">www.edenalley.com</a></td>
</tr>
<tr>
<td>Eggtc</td>
<td>516.561.0116</td>
<td>5107 Main Street <a href="http://www.eggtckc.com/">www.eggtckc.com</a></td>
</tr>
<tr>
<td>Einstein Bros. Bagels</td>
<td>UMKC-Royal Hall <a href="http://www.einsteinbros.com">www.einsteinbros.com</a></td>
<td>$</td>
</tr>
<tr>
<td>Fred P. Ott’s Bar &amp; Grill</td>
<td>816.753.2878</td>
<td>4770 JC Nichols Pkwy. <a href="http://www.fredpottskc.com/">www.fredpottskc.com</a></td>
</tr>
<tr>
<td>Gates BBQ</td>
<td>816.753.0828</td>
<td>3205 Main <a href="http://www.gatesbbq.com/">www.gatesbbq.com</a></td>
</tr>
<tr>
<td>Go-Chicken-Go</td>
<td>816.361.6680</td>
<td>5101 Troost <a href="http://gochickengo.com">gochickengo.com</a></td>
</tr>
<tr>
<td>Grand Street Café</td>
<td>816.561.8000</td>
<td>4740 Grand Avenue <a href="http://www.grandstreetcafe.com/">www.grandstreetcafe.com</a></td>
</tr>
<tr>
<td>Habashi House</td>
<td>816.421.0414</td>
<td>309 Main Street <a href="http://www.habashihouse.com">www.habashihouse.com</a></td>
</tr>
<tr>
<td>Houlihan’s</td>
<td>913.789.8088</td>
<td>2820 W. 53rd Street <a href="http://www.houlihans.com">www.houlihans.com</a></td>
</tr>
<tr>
<td>Houston’s Restaurant</td>
<td>816.561.8542</td>
<td>4640 Wornall <a href="http://www.houstoncenter.com">www.houstoncenter.com</a></td>
</tr>
<tr>
<td>Tikka House</td>
<td>816.842.7232</td>
<td>411 Main <a href="http://www.tikkas.com">www.tikkas.com</a></td>
</tr>
<tr>
<td>Jerusalem Café &amp; Bakery</td>
<td>816.931.8575</td>
<td>1404 Westport Road <a href="http://www.jerusalemcafekc.com">www.jerusalemcafekc.com</a></td>
</tr>
<tr>
<td>Jimmy John’s</td>
<td>816.561.6222</td>
<td>4300 Roanoke <a href="http://www.jimmyjohns.com">https://www.jimmyjohns.com</a></td>
</tr>
<tr>
<td>KC Smoke Burgers</td>
<td>816.931.4455</td>
<td>1610 W 39th St <a href="http://www.kcsmokeburgers.com">www.kcsmokeburgers.com</a></td>
</tr>
<tr>
<td>Kentucky Fried Chicken</td>
<td>816.531.0345</td>
<td>4700 Troost <a href="http://www.kfc.com">www.kfc.com</a></td>
</tr>
<tr>
<td>Kin Lin</td>
<td>816.561.4334</td>
<td>314 East 51st Street <a href="http://www.kinlinrestaurant.com">www.kinlinrestaurant.com</a></td>
</tr>
<tr>
<td>Korma Sutra</td>
<td>816.931.7775</td>
<td>4113 Pennsylvania <a href="http://www.kckormasutra.net">www.kckormasutra.net</a></td>
</tr>
<tr>
<td>Minsky’s Pizza</td>
<td>816.561.5106</td>
<td>5105 Main Street <a href="http://minskys.com">minskys.com</a></td>
</tr>
<tr>
<td>The Moxx</td>
<td>816.756.2300</td>
<td>4855 Main Street <a href="http://www.mixingitup.com">www.mixingitup.com</a></td>
</tr>
<tr>
<td>O’Dowd’s Little Dublin</td>
<td>816.561.2700</td>
<td>4742 Pennsylvania <a href="http://www.odowlittledublin.com">www.odowlittledublin.com</a></td>
</tr>
<tr>
<td>Joes’ Kansas City Bar-B-Que</td>
<td>913.722.3366</td>
<td>3002 W. 47th Avenue <a href="http://www.joeskc.com">www.joeskc.com</a></td>
</tr>
<tr>
<td>Osteria II Centro</td>
<td>816.561.2369</td>
<td>5101 Main Street <a href="http://osterialcentro.com">osterialcentro.com</a></td>
</tr>
<tr>
<td>Pak Halal</td>
<td>913.599.0700</td>
<td>12259 W. 87th Street <a href="http://pakhalalinternational.com">http://pakhalalinternational.com</a></td>
</tr>
<tr>
<td>P.F. Chang’s China Bistro</td>
<td>816.931.9988</td>
<td>102 West 47th Street <a href="https://www.pfchangs.com">https://www.pfchangs.com</a></td>
</tr>
<tr>
<td>Planet Sub</td>
<td>816.501.4000</td>
<td>1110 Rockhurst Rd <a href="http://planetsub.com">planetsub.com</a></td>
</tr>
<tr>
<td>Planet Sub</td>
<td>816.960.6696</td>
<td>4928 Main</td>
</tr>
<tr>
<td>Restaurant</td>
<td>Phone Number</td>
<td>Address/Location</td>
</tr>
<tr>
<td>---------------------</td>
<td>--------------</td>
<td>-----------------------------------------</td>
</tr>
<tr>
<td>Panera Bread</td>
<td>816.931.8181</td>
<td>4700 Pennsylvania</td>
</tr>
<tr>
<td>Pickleman’s</td>
<td>816.931.3100</td>
<td>5050 Oak St</td>
</tr>
<tr>
<td>Pizza 51</td>
<td>816.531.1151</td>
<td>5060 Oak Street</td>
</tr>
<tr>
<td>Plaza III</td>
<td>816.753.0000</td>
<td>4749 Pennsylvania Avenue</td>
</tr>
<tr>
<td>Chaz</td>
<td>816.802.2152</td>
<td>325 Ward Pkwy</td>
</tr>
<tr>
<td>Robot Café</td>
<td></td>
<td>UMKC-Miller Nichols Library</td>
</tr>
<tr>
<td>Rudy’s Tenampa Taqueria</td>
<td>816.931.9700</td>
<td>1611 Westport Road</td>
</tr>
<tr>
<td>Sahara</td>
<td>816.756.5444</td>
<td>320 East 51st Street</td>
</tr>
<tr>
<td>Sama Zama</td>
<td>816.756.3600</td>
<td>425 Westport Road</td>
</tr>
<tr>
<td>Seva Indian Cuisine</td>
<td>816.407.9700</td>
<td>8674 NE Flintlock Rd.</td>
</tr>
<tr>
<td>Sobahn</td>
<td>913.384.1688</td>
<td>7800 Shawnee Mission Pkwy, Overland Park, KS</td>
</tr>
<tr>
<td>Spin Pizza</td>
<td>816.561.7746</td>
<td>4950 Main Street</td>
</tr>
<tr>
<td>Swagat Indian Cuisine</td>
<td>816.746.9400</td>
<td>7407 NW 87th Street</td>
</tr>
<tr>
<td>Taco Bell</td>
<td>816.756.1621</td>
<td>1310 East 47th Street</td>
</tr>
<tr>
<td>Tasty Thai</td>
<td>816.584.8801</td>
<td>7104 NW Prairie View Rd.</td>
</tr>
<tr>
<td>Tomfooleries</td>
<td>816.753.0555</td>
<td>612 West 47th Street</td>
</tr>
<tr>
<td>UMKC Café</td>
<td></td>
<td>UMKC-Student Success Center</td>
</tr>
<tr>
<td>Vietnam Café</td>
<td>816.472.4888</td>
<td>522 Campbell St.</td>
</tr>
<tr>
<td>Winstead’s</td>
<td>816.753.2244</td>
<td>101 Cleaver II Blvd.</td>
</tr>
</tbody>
</table>

**TIPPING**

Tip: (also called a gratuity) is a voluntary extra payment made to certain service sector workers in addition to the advertised price of the transaction (http://en.wikipedia.org/wiki/Gratuity 06/21/2012).

In the United States, people tip in a variety of situations – not just at restaurants. Calculate tip on the pre-tax total. Check your cell phone; many phones have a tip calculator application.

**EXAMPLES:**

<table>
<thead>
<tr>
<th>Service</th>
<th>Tip Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Food Delivery (pizza)</td>
<td>10-20%</td>
</tr>
<tr>
<td>Bars</td>
<td>$1 a drink</td>
</tr>
<tr>
<td>Restaurants</td>
<td>15-20%</td>
</tr>
<tr>
<td>Haircuts</td>
<td>10-20%</td>
</tr>
<tr>
<td>Taxi cabs</td>
<td>15%</td>
</tr>
<tr>
<td>Valet parking</td>
<td>$1-5</td>
</tr>
</tbody>
</table>

**STAY IN TOUCH WITH UMKC’S ISAO OFFICE!**

[UMKCISAO](http://info.umkc.edu/ISAO/)
**HOW TO OPEN A BANK ACCOUNT**

There are three ways you can open a bank account: online, over the phone, and in person.

If you chose to apply in person you will be expected to present proof of address and ID. Any document, such as a piece of mail, can be used to verify your residence if it has your name and address on it. Banks will often ask for a Social Security Number or employer identification number as ID, but other forms of ID, such as your student visa, can be used.

There is a U.S. Bank branch on campus in the Student Union.
5100 Cherry Street, Rm 212
Kansas City, MO 64110
(816) 444-4462
https://www.usbank.com/index.html

Other banks to consider are: Bank of America, UMB, and Country Club Bank

Note: Many banks charge a monthly fee if an account has less than a certain amount of money in it. Some accounts are also limited to a certain number of transactions per month.

Note: There are fees for exchanging currencies, for making purchases outside of the US, and for taking money out of the account from certain locations.

**HOW TO GET A CELLPHONE**

- Cellphones can be purchased online and at a variety of stores (see local stores on page 17).
- There are two ways to get cellphone service, by signing up for a monthly and prepaid plan. A monthly plan usually means signing a two-year contract with a cellphone company. Examples: Verizon, T-Mobile, Sprint, and a cheaper option Republic Wireless https://republicwireless.com/
- On a prepaid plan a person pays for minutes/texts/data before they use them, and lose the remainder of what they have paid for after a certain date. These are available at Wal-mart or online.

Note: It often cost extra to make or receive international calls. Most service providers have a list of fees they charge for international calls available online.

**THINGS TO DO AND SEE IN KC**

  4525 Oak Street, KC, MO 64111
  816.751.1278

* Kemper Museum of Contemporary Art: www.kemperart.org
  4420 Warwick Boulevard, KC, MO 64111
  816.753.5784

* National World War One Museum: www.theworldwar.org
  100 W. 26th Street, KC, MO 64108
  816.888.8100

* Negro Leagues Baseball Museum: http://nlbm.com/
  1616 East 18th Street, KC, MO 64108
  816.221.1920

* American Jazz Museum : http://americanjazzmuseum.org/
  1616 E 18th Street, KC, MO 64108
  816.474.8463

* Nerman Museum: www.nermanmuseum.org
  12345 College Blvd. Overland Park, KS 66210
  913.469.3000

* Union Station: http://www.unionstation.org/
  30 West Pershing Road, KC, MO 64108
  816.460.2020

* New Theater Restaurant: www.newtheatre.com
  9229 Foster, Overland Park, KS 66212
  913.649.7469

* Starlight Theater : www.kcstarlight.com
  4600 Starlight Road, KC, MO 64132
  816.363.7827

* Kansas City Repertory Theatre : www.kcrep.org
  4949 Cherry Street, KC, MO 64110
  816.235.2700

* Unicorn Theatre: www.unicorntheatre.org
  3828 Main Street, KC, MO 64111
  816.531.7529

* Kauffman Center for Performing Arts:http://www.kauffmancenter.org
  1601 Broadway Blvd, KC, MO 64108
  816.994.7200

* Lyric Opera Kansas City: http://www.kcopera.org/
  1725 Holmes St. KC, MO 64108
  816.471.4933

* Folly Theater: http://follytheater.org/
  300 West 12th St. KC, MO
  816.474.4444
*Midwest Ensemble: midwestchamberensemble.org
  9100 Mission Road, Prairie Village, KS 66206
  913.396.9878

* Brookside Shopping District: www.brooksidekc.org/
  338 W 63rd, KC, MO 64113
  816.523.5553

* The Legends at Village West: www.legendsshopping.com/
  1843 Village West Parkway, KC, KS 66111
  913.788.3700

* Oak Park Mall: www.thenewoakparkmall.com/
  11149 W. 95th Street, Overland Park, KS
  913.888.4400

* Country Club Plaza : www.countryclubplaza.com
  816.753.0100

* Ward Parkway Center: www.wardparkwaycenter.com
  8600 Ward Pkwy, KC, MO 64114
  816.363.3545

* Zona Rosa: www.zonarosa.com
  8640 N. Dixon Ave, KC, MO 64153
  816.587.8180

* Power & Light District: www.powerandlightdistrict.com
  1100 Walnut, KC, MO 64106
  816.842.1045

* Crown Center: www.crowncenter.com
  2405 Grand Ave, KC, MO 64108
  816.274.8444

* AMC Ward Parkway 14: www.amctheatres.com
  8600 Ward Parkway Ste 14
  Kansas City, MO 64105
  816.333.1300

* Alamo Drafthouse Cinema: http://drafthouse.com/
  1400 Main Street
  Kansas City, MO 64105
  816.474.4545

* Tivoli Theater: www.tivolikc.com
  4050 Pennsylvania Ave
  Kansas City, MO 64111
  913.383.7756

* Cinemark Palace at the Plaza: www.cinemark.com
  526 Nichols Road
  Kansas City, MO 64112
  816.756.5877

* Kansas City Zoo: www.kansascityzoo.org
  6800 Zoo Dr.
  Kansas City, MO 64132
  816.595.1234

* Paradise Park Family Fun & Adventure: www.paradise-park.com
  1021 NE Colbern Rd
  Lee’s Summit, MO 64086
  816.246.5224

* Powell Gardens: www.powellgardens.org
  1609 N.W. U.S. Highway 50
  Kingsville, MO 64061
  816.697.2600

* Worlds of Fun/Oceans of Fun: http://www.worldsoffun.com
  4545 Worlds of Fun Ave
  Kansas City, MO 64161
  816.454.4545

* Schlitterbahn Waterpark: www.schlitterbahn.com/kc
  9400 State Avenue
  Kansas City, KS 66112
  913.312.3110

* Adams Pointe Golf Club: www.adamspointegolfclub.com
  1601 R.D. Mize Rd
  Blue Springs, MO 64014
  816.220.3673

* Heart of America Golf Academy: http://www.hoagolfacademy.com/
  7501 Blue River Rd
  Kansas City, MO 64132
  816.513.8940

* Kansas City Chiefs: www.kcchiefs.com/arrowhead
  Arrowhead Stadium
  One Arrowhead Drive
  Kansas City MO, 64129
  816.920.9300 ext. 4401

* Kansas City Royals: http://kansascity.royals.mlb.com/
  Kauffman Stadium
  One Royal Way
  Kansas City, MO 64129
  816.821.8000

* Kansas City T-Bones Baseball Club: http://www.tbonesbaseball.com
  1800 Village West Pkwy
  Kansas City, KS 66111
  Stadium: 913.328.2255

* Kansas Speedway: www.kansasspeedway.com
  400 Speedway Blvd
  Kansas City, KS 66111
  1.866.460.7223

* Sporting KC (Professional Soccer): www.sportingkc.com
  One Sporting Way
  Kansas City, KS 66111
  913.387.3400
KANSAS CITY’S MIDWEST WEATHER

Kansas City has four seasons per year, and each season has a different type of weather. The four seasons are fall, winter, spring, and summer. Kansas City weather changes quickly and unexpectedly. Be prepared by checking the weather forecast.

FALL: SEPTEMBER through NOVEMBER

This season is characterized mainly by its cool winds and falling leaves. This season is generally pleasant in Kansas City but it does bring thunderstorms, so an umbrella is recommended. The average high temperature is around 61˚ Fahrenheit (16˚ C) and the average low temperature is around 36˚ Fahrenheit (2˚ C). Towards the end of November, it’s a good idea to wear some warm clothing like hats, gloves, scarves and warm jackets. The trees on campus react to the cooler weather by changing color. As the wind blows, leaves fall from trees and land in big piles below. This is the perfect time to take walks through the parks of Kansas City.

SPRING: MARCH through MAY

This season is characterized by a generous amount of precipitation or rainfall and occasional tornados. If there is a danger of a tornado, or they are being tested, alarm sirens will go off. This is your signal to go to a basement or an interior room away from windows. The average high temperature is 76˚ Fahrenheit (24˚ C) and the average low is 56˚ Fahrenheit (13˚ C). After the rain, the weather becomes pleasant. Since the season starts on a cold note, a light jacket along with pants and t-shirt or sweater is encouraged. The end of this season brings new life to the trees and flowers on campus. Take time to stop and smell the roses and enjoy the warm spring air with a bike ride around the historic neighborhoods near UMKC.

WINTER: DECEMBER through FEBRUARY

This season is characterized by heavy snowfall and very cold winds. A warm coat, boots, hat, scarf, and pair of gloves are necessary. The ground will be covered in snow or ice for most of the month of January as this month has the highest snowfall of the year. The average high temperature in this season is 47˚ Fahrenheit (8˚ C) and the average low temperature is 21˚ Fahrenheit (-6˚ C). With the significant amount of snowfall (8 inches), there is also an average high of 1.45 inches or 36.5 millimeters of rainfall. The light and fluffy snow makes it perfect for sledding, ice-skating at Crown Center, or building a snowman.

SUMMER: JUNE through AUGUST

This season is characterized by extreme heat accompanied by large amounts of rainfall. The temperatures in late July/early August can reach into triple digits (100˚ Fahrenheit or around 40˚ C). Drink lots of water when you are out enjoying the sun. The average high is 90˚ Fahrenheit (32˚ C) and the average low is 67˚ Fahrenheit (19˚ C). An umbrella is strongly recommended for this season. Wear light, cotton clothes because of the high temperatures. Look for neighborhood pools for places to cool off and be sure to use fans and air conditioners during the hottest days.
TO STAY IN STATUS YOU MUST:

Follow the terms and conditions of your J-1 visa.

- Report to the site of activity no later than 30 days after the program start date and no earlier than 30 days before the start date.

- Attend a check-in session at ISAO within 7 business days of arrival in Kansas City.

- Must have a DS-2019 with VALID program dates (That means you will FINISH your program by the END DATE on your DS-2019 and NO LATER). If you know that you will not finish by your program end date, you MUST REQUEST AN EXTENSION BEFORE YOUR DS-2019 EXPIRES. Your extension should be approved by your department/requesting professor. Some restrictions apply:
  - J-1 Professor or Research Scholar maximum stay: 5 continuous years
  - J-1 Specialist or Student Intern maximum stay: 1 year
  - J-1 Short-term Scholars maximum stay: 6 months

- Keep a valid passport by requesting a new one before the old one expires; retain the old passport. If renewal of a passport is necessary, check with your embassy or consulate about the renewal process.

- Follow the J-1 grace period rules: After you finish your program, you have 30 days to: travel within the US or prepare to return home. If you leave the US during your grace period, you will not be able to re-enter on that visa. You are not allowed to continue authorized work once your grace period begins.

- Report a change of address, name, marital status or visa type to your ARO/ISAO advisor within 10 days of the change.

- Follow disclosure rules regarding criminal activity.

- Follow any other special requirements (i.e. special registration requirements).

- Do not work without authorization.

- J-1 visa holders CANNOT hold a tenure track position.

- J-1 research scholars must primarily conduct research, observe, or consult in connection with their outlined research project. The scholar may also teach or lecture.

- J-1 professors must primarily teach, lecture, observe, or consult as outlined in their offer letter. The professor may also conduct research.

- J-1 short term scholars can be professors, research scholars, specialists, or persons with similar education or accomplishments coming to the U.S. on a short-term visit for the purpose of lecturing, observing, consulting, training, or demonstrating special skills.

- If you travel outside of the US, please let us know. We will need to check your DS-2019 to ensure you have a valid travel endorsement and will be able to re-enter the US. Always carry your valid DS-2019 endorsed for travel, visa, I-94, valid passport and invitation letter.

- Must maintain health insurance for the entirety of your program for both you and your J-2 dependents. Your health insurance cannot lapse for even one day. Health insurance must meet federal regulations.

- Must file taxes with the IRS if you are being paid by a US source.
HOW TO GET A MISSOURI DRIVER’S LICENSE

All documents must be valid at the time of application. Applicants will receive a license, non-driver license, or instruction permit with an expiration date equal to the expiration date of the immigration document.

DOCUMENTS YOU WILL NEED TO TAKE TO THE DEPARTMENT OF MOTOR VEHICLES (DMV)

1. SOCIAL SECURITY NUMBER: If you do not have one, you will take your “Ineligible for SSN” and “Certificate of Scholarly Activity”, your DS-2019, passport, and I-94 to the Social Security Office. They will then give you another letter saying that you do not have a SSN and you will present this letter to the Department of Motor Vehicles (DMV).

1. PROOF OF RESIDENCE IN MISSOURI: All applicants should show residence with any recent document from this list, YOU MUST SHOW AT LEAST ONE (1) of the following:
   - Driver License Renewal Postcard;
   - Utility Bill (phone, water, gas, electric, trash or sewer, etc.);
   - Pay Check;
   - Housing Rental Contract;
   - W-2 or 1099 Form;
   - Vehicle Registration or Title;
   - Bank Statement;

2. IMMIGRATION DOCUMENTS:
   - I-94
   - Valid DS-2019
   - Valid passport and visa
   - Certificate of Scholarly Activity

DMV recommended by students:

   6138 Raytown Trafficway
   Raytown, Missouri 64133
   816-737-1100
SOCIAL SECURITY OFFICES NEAR UMKC

Office Address:
Social Security
6320 Euclid
Kansas City, MO 61432

Directions:
Two blocks south of 63rd Street on Euclid, which is between Prospect and the Paseo

Office Address:
Social Security
2021 Independence Avenue
Kansas City, MO 64124

Directions:
On the corner of Independence Avenue and Garfield; Between Paseo and Prospect.

Office Address:
Social Security
15375 W 95th Street
Lenexa, KS 66219

Directions:
One block west of Lackman Road. On 95th Street. In the Kansas Commerce Center. Turn south on Twilight Lane (one block west of Lackman Road) and follow the signs.

All offices are open from 9:00 A.M to 3:30 P.M. Except on Federal Holidays.

Toll Free Number: 1-800-772-1213  TTY Number: 1-800-325-0778