

Resources for the Trans+ Community

SUPPORT GROUPS:

Trans+Social: Weekly social support group held at UMKC exclusively for trans+ individuals who are college students or young adult community members. Email transumkc@gmail.com for current time and location.

Trans+Allies: Facilitated discussion group open to everyone. Held once per month during the academic year (Sept-Dec, Feb-May) at UMKC. Email transumkc@gmail.com for current time, location, and topics.

EQUAL Trans Support Group: Held at the LIKEME Lighthouse (3909 Main) on third Thursdays from 5pm-8pm. Open to everyone. Contact joy.brungardt@gmail.com for more information.

Trans People of Color Support Group: The Kansas City Anti Violence Project (KCAVP) hosts a bi-weekly support group for the trans People of Color community. The group provides advocacy, support, education and resources. Snacks are provided. Email info@kcavp.org or call (816) 561-0550 for dates, time, and location.

Transas City: Meetings are open to all friends, family, significant others and allies of trans people. <http://transascity.org/>

SOFFA (Significant Others, Family, Friends, and Allies) of Transgender Persons: 1st and 3rd Wednesdays at various Johnson County Libraries from 6:30-8:30pm. Contact soffakc@yahoo.com for current location.

PFLAG: Held monthly at 3pm on the 4th Sunday at the LIKEME Lighthouse and the 2nd Sunday at Village Presbyterian (6641 Mission Road) For parents, family, friends, and LGBT+ individuals.

Note: Check out <http://likemelighthouse.org/calendar/> for social events for LGBT+ individuals.

COUNSELING:

If you are a student, college counseling centers often offer a number of free sessions per year. As with all counseling centers, it is recommended that you request a counselor who is knowledgeable about trans issues.

CCAS: Offers income-based counseling with counseling practicum students; sessions as low as \$5. 816-235-2725

T. Michael Henderson, MS, LPC, LCPC: 7280 NW 87th Terrace, Ste 210, Kansas City, MO 64153; 816-841-7772

Dr. Teresa Rose: 4200 Somerset Drive, Suite 239, Prairie Village, KS 66208; (816) 363-9500

Dr. Richard Abloff: 6306 Walnut St, Kansas City, MO 64113; 816-444-7890

Daniel C. Claiborn, Ph.D.: 8826 Santa Fe Drive, Suite 170; Overland Park, KS; 913-438-2100 or 913-579-7350

Donna J Davis, PLPC: 816-442-3481, equalitycounseling2014@gmail.com

Megan Monroe, LSCSW: 816-435-2829; MMonroeMSW@kc.rr.com; MeganMonroeMSW.com

Killian Derusha, Master's in Counseling student. Killian sees clients in the office of Turner Professional Group located in the West Port area. As a student counselor, Killian conducts **free sessions** for community members; Killian offers services for general counseling and sex therapy. Killian can be contacted at (913) 703-6055 or killian@turnerprofessionalgroup.com.

Trevor Lifeline: An LGBT+ 24/7 counseling/crisis line: 866-488-7386 <http://www.thetrevorproject.org/>

HEALTHCARE:

Planned Parenthood (Gladstone location only): Offers hormone therapy, post-operation exams, follow-up care, and any necessary GYN preventive care. 2900 NE 60th St. Suite 100 Gladstone, MO 64119; 1-800-230-PLAN; www.PPKM.org

KC Care Free Health Clinic: Offers a range of free health care services. 3515 Broadway. 816.753.5144 <http://www.kccareclinic.org/> (Also offers counseling.)

Truman Medical Center: Free and reduced-cost medical care including specialists. <http://www.trumed.org/> 2301 Holmes; 816-404-1000 (Also offers counseling at 300 West 19th Terrace: 816-404-5700).

Sharon Lee, M.D. 340 Southwest Boulevard; Kansas City, KS; 913-722-3100; Informed consent hormone therapy without a referral from a counselor.

Mary Jacobs: 1001 N. Minneapolis Wichita, KS 316-293-1840 Informed consent hormone therapy.

Cynthia Glass, M.D.: 373 W. 101st Terrace; (816) 942-8200. Provides hormone therapy. Requests a referral.

Gender Pathway Services at Children's Mercy Hospital: Pediatric Endocrinologist Jill Jacobson, M.D. This clinic provides counseling and healthcare for transgender children. 816-478-5254 or 816-960-8803

LEGAL HELP:

Madeline Johnson, Gender Attorney: 4051 Broadway, Suite 4. 816-607-1836. MJohnson@ELMLAWKC.com. Handles discrimination claims, name changes, gender marker changes, and birth certificate amendments.

**Please note, this resource list was compiled from recommendations by and for the trans and non-binary community. If you have any recommended changes or additions, please contact Trans+ at transumkc@gmail.com.*