




<b>GOALS</b>  What do you want to achieve? What are your objectives?	<b>REALITY</b>  What is the current situation? Invite self-assessment	<b>OPTIONS</b>  What are the options for change? What support will aid this change?	<b>WILL</b>  What are the next steps? Start putting these steps into action

### GOALS

What do you want to achieve?

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What are your objectives?

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### REALITY

What is the current situation?

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Self-Assessment

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## **OPTIONS**

What are the options for change?

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What support will aid the change?

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## **WILL**

What are the next steps?

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Start putting these steps into action

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