# Embrace Diversity

**Training topics:**
- Learn the basics of UMKC’s Diversity Strategic Plan and related UMKC statistics
- Become familiar with diversity and inclusion strategies based on cultural competency models
- Identify related resources and opportunities

**Goal:** Participants will better understand UMKC diversity and inclusion efforts and commit to at least one action step to continue to explore diversity and increase cultural competencies for a more inclusive UMKC.

## The Science of Unconscious Bias and its Professional Implications

**Training topics:**
- Learn about unconscious bias
- Discuss implications on professional judgment and the professional environment
- Review resources to further identify unconscious bias and ways to reduce it

**Goal:** Participants will leave with an increased capacity to recognize biases and prevent or reduce unintended consequences of unconscious bias in order to create a more inclusive campus and climate.

## Understanding our Privilege and its Impact

**Training topics:**
- Learn how to define privilege and power
- Learn how to identify their own privilege and the power and privileges that exist generally
- Explore how privilege and the power structures impact themselves, others and society

**Goal:** Participants will have an increased understanding of how privilege impacts our individual, institutional and structural systems and learn how to advocate and support those who do hold power and privilege.

## Communicating Respectfully in a Diverse World

**Training topics:**
- Understand the impact of stereotypes and bias statements, even when casually said
- Identify the most common reasons people sit silently in the face of bias and stereotypes
- Explore skills for speaking up against stereotypes and bias without blame or guilt

**Goal:** Participants will enhance communication skills for promoting inclusion and respect.

## Crucial Conversations

**Training topics:**
- Identity diversity dimensions and dynamics that impact individuals and workplace climate
- Recognize signs that indicate dialogue is crucial
- Become better prepared to engage in crucial conversations utilizing six essential skills

**Goal:** Participants will gain dialogue skills to make better decisions, build relationships and strengthen our institution.

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Registration required for each training; to register, visit [umkc.edu/diversitytraining](http://umkc.edu/diversitytraining).

For more information, contact Lona Davenport at davenportlm@umkc.edu or 816-235-6510.

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